



Toya Renee Ambrose is a former NBA dancer, for both the Chicago Luvabulls and the Memphis Grizzlies. She is a graduate from the University of Memphis, and was a scholarship member of the 14-time national champion University of Memphis Pom Squad. Toya is the former Head Coach of the University of Connecticut (UCONN) Dance, Cheerleading, and Mascot Teams, and also the former Head Coach of the 2-time National Champion University of Illinois at Chicago Dancing Flames. In addition, through her company T.R.A. Choreography LLC, she and her staff choreographs for competitive dance teams, studios, and all-star teams throughout the world, most recently teaching in Japan and Finland. Her choreography has won numerous state and national titles on the high school, all-star and collegiate level. She is a seasoned judge on the state and national scene. Toya currently resides in Chicago, IL and is married to attorney Garvin G. Ambrose, ESQ.

